

Govt College for Women Sirsa

Lesson Plan

Session 2023-24 (Even Semester)

Name of Assistant professor: Dr. Daljit Singh

B.A. - Semester: 6TH

Subject: - Psychology

	INTRODUCTION APPLIED PSYCHOLOGY
	MEANING , HISTORY OF APPLIED PSYCHOLOGY
	FIELDS OF APPLIED PSYCHOLOGY
	CAREERS IN PSYCHOLOGY
	REVISION
	ORGANIZATIONAL PSYCHOLOGY NATURE
	ORGANIZATIONAL PSYCHOLOGY SCOPE
	OBJECTIVES OF ORGANIZATIONAL PSYCHOLOGY
	DEVELOPMENT OF ORGANIZATIONAL PSYCHOLOGY
	REVISION
	SEMINAR ON FIRST UNIT
	GUIDANCE MEANING DEFINITION NATURE
	OBJECTIVES OF GUIDANCE
	PRINCIPLES OF GUIDANCE
	ORGANIZATION OF GUIDANCE PROGRAMME
	COUNSELLING MEANING DEFINITION
	WHY NEEDS COUNSELLING?
	PRINCIPLES OF COUNSELLING
	TYPES OF COUNSELLING
	SPECIAL AREAS OF COUNSELLING
	REVISION
	SEMINAR ON SECOND UNIT
	HEALTH PSYCHOLOGY MEANING SCOPE
	OBJECTIVES OF HEALTH PSYCHOLOGY
	CONCEPT OF HEALTH AND ILLNESS
	CONCEPT OF HEALTH AND ILLNESS
	PSYCHOLOGICAL FACTORS OF ILLNESS,
	LIFE STYLE AND HEALTH
	STRESS
	COPING STRESS
	AIDS, CANCER, HEART ATTACK AND OTHER DISEASES
	REVISION
	SEMINAR ON UNIT 3
	FORENSIC PSYCHOLOGY MEANING NATURE
	PSYCHOLOGY AND LAW
	EYEWITNESS MEMORY
	ACCURACY AND IMPROVEMENT
	REVISION
	SEMINAR ON UNIT 4
	CORRELATION
	THEORY
	RANK DIFFERENCE
	PEARSON PRODUCT MOMENT METHOD
	PEARSON PRODUCT MOMENT METHOD
	PEARSON PRODUCT MOMENT METHOD
	REVISION
	PRACTICALS (ANY SIX FROM THE BELOW GIVEN LIST
	JOB SATISFACTION SCALE
	INDORE TEACHERS JOB STRESSOR SCALE
	COUNSELLING NEED SCALE
	LIFE STYLE SCHEDULE
	GENERAL WELL BEING SCALE
	STRESS SCALE
	INTRIST CNPR

English
1/1/2024

Name of Assistant professor: Dr. Daljit Singh

B.A. - Semester: 4TH

Subject: - Psychology

	INTRODUCTION DEVELOPMENTAL PSYCHOLOGY
	HUMAN DEVELOPMENT CONCEPT
	PRICIPLES OF DEVELOPMENT
	FACTORS OF DEVELOPMENT
	BIOLOGICAL FACTORS
	SOCIAL FACTORS
	CULTURAL FACTORS
	REVISION
	SEMINAR
	PRENATAL DEVELOPMENT
	DETERMINANTS OF PRENATAL DEVELOPMENT
	STAGES OF PRENATAL DEVELOPMENT
	INFANCY NATURE
	CHARACTERISTICS OF INFANCY
	HAZARDS IN INFANCY
	ADJUSTMENT IN INFANCY
	REVISION
	SEMINAR
	CHILDHOOD CHARACTERISTICS
	PERCEPTUAL DEVELOPMENT
	MOTOR DEVELOPMENT
	COGNITIVE DEVELOPMENT
	EMOTIONAL DEVELOPMENT
	REVISION
	SEMINAR
	ADOLESCENTS, CHARACTERISTICS
	PROBLEMS IN ADOLESCENTS
	ADJUSTMENT OF ADOLESCENTS
	REVISION
	SEMINAR
	ADULTHOOD, EARLY ADULTHOOD
	LATE ADULTHOOD
	AGEING AND CHANGING PATTERNS
	PROBLEMS IN AGEING
	REVISION
	SEMINAR
	STATISTICS
	QUARTILE DEVIATION
	STANDARD DEVIATION
	REVISION
	SEMINAR
	PRACTICALS (ANY SIX FROM THE BELOW GIVEN LIST
	YOUTH PROBLEMS INVENTORY
	PARENT CHILD RELATION SHIP SCALE
	EMOTIONAL MATURITY SCALE
	FAMILY ENVIRONMENT INVENTORY
	SELF CONCEPT QUESTIONNAIRE
	SELF ESTEEM INVENTORY

English
11/1/2024

Govt College for Women Sirsa

Lesson Plan

Session 2023-24 (Even Semester)

Name of Assistant professor: Dr. Daljit Singh

B.A. - Semester: 2nd

Subject: - Psychology

	Introduction to ATTENTION
	NATURE OF ATTENTION
	TYPES OF ATTENTION
	DETERMINANTS OF ATTENTION
	VARIOUS THEORIES
	SEMINAR ON ATTENTION
	Introduction to PSYCHOPHYSICS
	PROBLEMS OF PSYCHOPHYSICS
	AL, DL, TL ETC. EXAMPLES
	METHODS OF LIMITS AL
	METHODS OF LIMITS DL
	METHODS OF AVERAGE ERROR
	METHODS OF CONSTANT STIMULI AL
	METHODS OF CONSTANT STIMULI DL
	REVISION OF PSYCHOPHYSICS
	INTRODUCTION TO LEARNING
	NATURE OF LEARNING
	TYPES OF LEARNING
	TRAIL AND ERROR LEARNING
	INSIGHT LEARNING
	CLASSICAL CONDITIONING
	TYPES AND PHENOMENA OF CLASSICAL CONDITIONING
	INSTRUMENTAL CONDITIONING
	DIFFERENCE BETWEEN CLASSICAL AND INSTRUMENTAL CONDITIONING
	SEMINAR
	MEMORY NATURE TYPES
	SHORT TERM MEMORY METHODS
	LONG TERM MEMORY METHODS
	DIFFERENCE BETWEEN LTM AND STM
	FORGETTING NATURE
	DETERMINANTS OF FORGETTING
	NYMONICS
	THINKING AND PROBLEM SOLVING
	STRATEGIES OF PROBLEM SOLVING
	Revision
	Seminar
	STATISTICS
	MEN, MEDIAN AND MODE
	REVISION
	PRACTICALS (ANY SIX FROM THE BELOW GIVEN LIST)
	Span of Attention
	Methods of Limits (AL)
	Methods of Limits (DL)
	Methods of Average Error (Muller lyre illusion)
	Maze Learning
	Short term Memory (STM)
	Long term Memory LTM)
	PSAT Problem solving ability test

Singh Daljit Singh
1/1/2024